

Sports Health and Welfare Course

First year

Specialized academic subject

Sociology

Psychology

The human body: structure, function and disease

Support service and welfare system for children and family

Support service and the support system of independence for people with disabilities

Support service for elderlies and nursing care insurance system I

Support service for elderlies and nursing care insurance system II

Basics of welfare consultation and professional I

Basics of welfare consultation and professional II

Modern society and welfare I

Modern society and welfare II

Biomechanics

Principles of Sport

Sports, Health and Welfare

Health Promotion Exercise I

Sport Exercise I (Apparatus Gymnastics)

Sports Exercise III (indoor ball games)

Sport Exercise VIII (Outdoor sport)

Basic subject

English I

English II

Information Technology Literacy

Career Education

Communication Theory

Quality of Life and Human Dignity

Study on Himuka (Miyazaki) Area

Volunteer Activities

Chinese I

Chinese II

Philosophy

Anthropology

Music

Internship I

Biology

Physiology

Life Sports Exercise I

Life Sports Exercise II

Basis of Social Welfare

Basic Seminar I

Basic Seminar II

Second year

Specialized academic subject

Support and social service for low income people

Community Welfare Studies and Methods I

Community Welfare Studies and Methods II

Social Security I

Social Security II

Theory and methods of welfare consultation I

Theory and methods of welfare consultation II

Managing Human Rights and adult guardianship

Basic of social research

Consultation practice I

Consultation practice II

Consultation training guidance I
Sports Psychology I
Sports Psychology II
Exercise Physiology
Sports Nutrition I
Introduction to Physical Fitness
Functional Anatomy I
Functional Anatomy II
Health Promotion Exercise II
Sports training II (outdoor ball games)
Sports ExerciseIV(Track & Field)
Sports ExerciseIV(Swimming)
Sports ExerciseVI(Dance)
Sports ExerciseVII(Judo)
Introduction to Recreation
Practice Activities of Recreation
Principles of Secondary Education

Basic subject

Information processing practice

International Health and Welfare
English Communication
Ethics
Art
The Constitution of Japan
Economics
Theory of regional human rights protection
Internship II
Internship III
Basic statistics
Health science

Third year

Specialized academic subject

Theory and methods of welfare consultation III
Theory and methods of welfare consultation IV
Healthcare services
Public Financial Management for Welfare
Employment support services
Organization and management of welfare services
Rehabilitation and Trusteeship System
Consultation practice III
Consultation practice IV
Consultation training guidance II
Consultation training guidance III
Consultation training
Understanding Cognitive Disorders I
Understanding Cognitive Disorders II
School Social Work Theory
School social work practice
Medical Social Work Theory
Introduction to team medical care
Sociology of Sport
Kinesiology
Growth, development and aging
Sports Medicine
Sports Medicine II
Public Health
First Aid & CPR

Exercise Prescription
Measurement & Assessment for the Physical Fitness
School Health
Internship in Health and Fitness
Elderly and Disabled Sports
Theory of Health Promotion I
Educational Psychology
Educational counselling
Research Method and Theory I
Research Method and Theory II

Fourth year

Specialized academic subject

Consultation practice V
Current Welfare Studies
Social welfare legislation
Practical cooperation training
Medical social work training guidance
Medical social work training
Sport Management
Sports Nutrition II
Physical Training Theory
Adapted Sports
Introduction to Coaching
Sports Science
Training science
Prevention studies for lifestyle-related disease
Theory of Health Promotion II
Theory of Health Promotion III
Research Method and Theory III
Research Method and Theory IV
Undergraduate Thesis I
Undergraduate Thesis II

Athletic trainer related subjects

Second year

Introduction to Athletic Training
Athletic Injuries I·II
Health care for Athletes
Physical Examination and Assessment I

Third year

Physical Examination and Assessment II
Athletic Conditioning I · II
Athletic rehabilitation I
Internship in Athletic Training I · II · III · IV

Forth year

Athletic Conditioning III
Athletic rehabilitation II · III
Internship in Athletic Training V · VI

Teaching related subjects

First year

Introduction to Teaching Profession

Second year

Educational Administration
Theory of Curriculum
Teaching Method of Moral Education
Teaching Methods of Special Education Activities
Study of the student guidance

Third year

Physical Education Teaching Methodology I·II

Instructional Methodology

A study of practical teacher training

Forth year

Practical Teacher Training I·II

Seminar of Teaching Practice in Secondary School